

LARPD's "Run for the Parks" Benefit

Sunday, April 17, 2011 at Sycamore Grove Park
5K Run/Walk 10K Run/Walk Kids 1Mile Run



5K Walk/Run & 10K Run

5K/10K loop on paved/unpaved trails. Run through open fields with great Springtime views. Flat & fast 5K or for a more challenging distance and terrain, try the 10K out/back on paved/unpaved LARPD trails through rolling wine country. 8:30 am start time for 10K and 8:45 am start time for 5K. No Strollers.

Kids Fun Run 1M

1 Mile out/back on a paved trail in Sycamore Grove Park. Run through groves of Sycamore trees and back! It's a perfect time of year to explore the creek, wildlife, and wildflowers! 10:00am start time. 12 & Under only. No Strollers.

Parking Info:

Parking and post race festivities at Wente Vineyards~5050 Arroyo Road, Livermore.

Registration:

Pre-registration must be postmarked by April 12th, 2011 or online at active.com by 12:00 AM on April 13th, 2011. Walk in registration no later than Thursday, April 14th, 2011. Race day registration will be open from 7- 8:00AM.

Entry Fees

Pre-Registration: 5K/10K: \$30.00 per runner, family rate for all events - \$25 each, family of 4 or more- On Race Day: \$35.00 per runner. Kids 1M: \$10.00 each.

Awards

Trophies for overall and top master finishers, (male/female); medals 3 deep in each age division for the 5K & 10K (male/female): 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Kids finisher ribbons to all. Awards presentation at 10:30am.

Additional Information: Call (209) 795-7832 www.larpd.dst.ca.us or www.onyourmarkevents.com

All proceeds benefit the Livermore Area Recreation and Park District



Run for the Parks Registration Form

All participants are required to sign a waiver form on race day.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Ph: _____ Email: _____

Mail in your completed registration form and non-refundable fee to:

On Your Mark Events

Po Box 1199

Arnold, CA 95223

Save a stamp! Drop off your registration at

ATTN: Run for the Parks

LARPD, 4444 East Avenue, Livermore

Checks made payable to LARPD.

Age on Race Day: _____ Please Circle: M F

Registered Event(s), please circle: Kids Run 1M 5K 10K