



Livermore Area
Recreation & Park District
An independent special district

NEWS RELEASE

For Immediate Release

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LARPD offers wide variety of classes for fall

LIVERMORE — Classes for the whole family are available this fall through the Livermore Area Recreation and Park District. Participants can learn something new while having fun with other members of the community.

Find out ways to communicate with your baby before they can talk with **Baby Signs: Sign, Say and Play**. This class, for parents with children ages 4 to 30 months, will help children build cognitive development, social language, literacy and sensory-motor development. Class will be held from 11 a.m. to noon Thursday, Nov. 5 to 19. \$56.

Future artists can enroll in **Preschool Drawing** for ages 3½ to 5. This class is designed to enhance children's creativity, imagination, focus and attention to detail. In this step-by-step class, students will learn basic fundamentals of drawing. Sessions of four classes each will be offered throughout the fall and into winter, held from 3:30 to 4:15 p.m. Wednesdays. Sessions begin Oct. 7, Nov. 4 and Jan. 6. \$45.

Grade school children can check out **Elementary Drawing** for ages 6 to 13. Kids will discover art techniques in a positive environment. Students will leave each class with a completed drawing. Sessions of four classes will be held Wednesdays from 4:30 to 5:30 p.m. Sessions start Oct. 7, Nov. 4 and Jan. 6. \$45.

Kids with an interest in cartooning will enjoy enrolling in **Cartoon Workshop** for ages 7 to 15. The instructor for the class is Pixar Animator Matthew Luhn, who worked on films such as "Toy Story 2" and "Cars." Kids will learn to draw characters such as Buzz Lightyear and WALL-E. The workshop will be held from 1:30 to 4:30 p.m. Saturday, Oct. 10. \$63.

Children can help build confidence and self-esteem with **Roy's Magic Workshop**. Kids will learn entertaining magic tricks and how to make balloon animals. This workshop will be held from 9 to 11 a.m. Saturday, Oct. 10. \$29.

Teens can get in on the fun with **Beginning Drums**, a six-week class for ages 12 and older. Students will learn a foundation for playing drums that includes note reading, rhythm and correct technique. This class will be offered from 7 to 8 p.m. Tuesdays, Oct. 6 to Nov. 10. \$63.

There's plenty for adults to learn this fall, as well, such as **Beginning Sewing**. This course is designed for the beginner or those who need a refresher course after a hiatus from the sewing machine. Participants will learn to safely and properly operate their machines; simple care and maintenance; all about needles, threads, fabrics; and reading sewing patterns. Small projects will allow for mastery of the machine. This six-week course will be held from 10 a.m. to 1 p.m. Thursdays from Oct. 8 to Nov. 12. \$118.

Adults can get musical with **Folk Guitar**, offered in two classes: one for beginners and advanced beginners and one for intermediate students. The beginner class is designed for those who would like to learn to play the guitar for fun. It will cover guitar chords, simple strums, easy picking patterns and a bit of music theory. Two sessions are still available this fall, both held from 5:30 to 6:25 p.m. Wednesdays. The intermediate class is designed to introduce new guitar techniques to those who have mastered the basics. Sessions will be held from 4:30 to 5:25 p.m. Wednesdays. Sessions for both level classes run from Oct. 7 to Nov. 4 and from Nov. 18 to Jan. 6. \$91.

Essential Foot Care for Active People will offer those in attendance to focus on an often-neglected part of the body. The workshop will cover home treatments; therapy options; exercises to increase flexibility, strength and endurance; and stretching. Participants will have a computer foot analysis and digital mapping of pressure to check balance and alignment. This one-time class will be held from 6 to 8:30 p.m. Thursday, Oct. 8, and Tuesday, Nov. 10. \$13.

Registration for LARPD classes can be done online at www.larpd.dst.ca.us, by calling 925-373-5700 or by mail-in or walk-in at the Robert Livermore Community Center, 4444 East Ave., Livermore.

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